



Unleashed Workshop Summary

Teaching outline for the Unleashed Workshop/Companion:

1 . Introduction (Pg. 3-7)

- Purpose of the Workshop:
 - Understanding who God is, who He has created you to be, and how He is calling you to engage in His Kingdom.
- Defining "Unleashed":
 - Using skills and passions to advance the Gospel inside and outside the church.
- The Unleashed Journey:
- Three core questions:
 - Who is God?
 - Who has He created me to be?
 - What is He calling me to do?
- Getting the Most Out of the Workshop:
 - Expectations
 - participation
 - self-assessment

2. AWAKEN – Who is God? (Pg. 8-11)

- Encountering God's Majesty:
 - Recognizing His characteristics.
- God's Heart for the World:
 - Identifying what aspects of God's characteristics and heart resonate most personally.
- Personal Reflection:
 - Writing a personal statement on how God has awakened understanding.

3. EXPLORE – Who Has God Made You to Be? (Pg. 12-15)

- Spiritual Gifts Assessment:
 - Identifying top gifts.



- Strengths & Skills:
 - Understanding personal God-given talents and abilities.
- Life Experiences:
 - How past learning, experiences, and challenges shape personal calling.
- Summary Statement:
 - Writing a reflection on how God has uniquely designed you, with unique spiritual gifts, strengths, and experiences.

4. FOCUS – What is God Calling You to Do? (Pg. 16-19)

- Identifying Opportunities:
 - Professional fields and service skills.
- Passions & Causes:
 - Areas of ministry or mission that resonate deeply.
- Geographical Calling:
 - Local, domestic, or international focus.
- Areas of Service:
 - Selecting ways to serve inside and outside the church.

5. PREPARE – How Can You Be Ready to Accelerate your Unleashed Life? (Pg. 20-23)

- Eight Areas of Preparation: Selecting key areas to engage with as you prepare for your focus area.
 1. Spiritual – Prayer, scripture, fasting, giving, silence and solitude, journaling, time in community.
 2. Emotional – Counseling, rest, processing, social media fasts, meditation, nature.
 3. Physical – Health, exercise, sleep, diet, stretching, doctors visits.
 4. Skill Development– Education, training, conferences, books, certificates, internships.
 5. Financial Stewardship – Budgeting, giving /tithing, saving, giving outside the church.



6. Community Preparation– Small groups, mentorship, church community, friends, mentors, family.

7. Cultural Awareness –Books, cultural training, language learning, ethnic experiences, short-term trips.

8. Logistics & Planning – Simplifying life, creating margin, moving preparation, calendar management, engaging of children.

- Choosing a Core Area of Growth:
 - Identifying a key preparation focus.

6. LIVE – Living the Unleashed Life Daily (Pg. 24-25)

- Creating a Simple Life Plan: taking the work you've done above, compile it into one place.
 - Who God is, who you are, and how you will be unleashed.
- Identifying One Action Step:
 - Choosing one way to serve inside and outside the church.
- It is important to upload results to the digital life plan, linked in the QR code.

7. WRAP-UP & NEXT STEPS (Pg. 26-29)

- Finalizing Your Unleashed Life Plan:
 - Writing a personal mission statement.
- Post-Workshop Reflection & Assessment:
 - Measuring growth in understanding and clarity.
- Sharing & Next Steps:
 - Encouragement to submit and discuss life plans.

This outline can be used understand how the teaching of the Unleashed Workshop is structured, making it easy to walk through each step of the Unleashed process.



Unleashed Curriculum Summary

- Week by Week:

Note: the Unleashed curriculum follows the stages of the Unleashed map and Unleashed workshop.

Awaken:

Teaching Outline for Awaken:

1. Introduction: Understanding Awakening

- Summary Statement: God awakens us to His presence and purpose.
- Key Scripture: Ephesians 5:8-16 – “Awake, O sleeper...”
- Opening Thought: Awakening moments call us to live fully in the light of Christ.

2. Defining Awakening Moments

- What is an Awakening Moment?
 - A deep realization of God’s presence and calling.
 - Often disruptive, action-inducing, and life-changing.
- Examples of Awakening Triggers:
 - Sermons, books, conferences, prayer, relationships, personal experiences.

3. Biblical Examples of Awakening Moments

- Paul (Acts 9:3-8, Galatians 1:11-18)
 - From persecutor to missionary.
- Woman at the Well (John 4)
 - From isolation to evangelist.
- Timothy (2 Timothy 1:5-14)
 - Called into ministry through mentorship.



- Lydia (Acts 16:13-15)
 - A businesswoman whose heart was opened to the Gospel.
- Priscilla & Aquila (Acts 18)
 - Married couple transformed into ministry leaders.
- Peter (Matthew 16:16-18, Acts 2:14-42)
 - From fisherman to foundation of the Church.
- Rahab (Joshua 2)
 - From outsider to part of Jesus' lineage.

4. Reflection: Identifying Personal Awakening Moments

- Questions for Discussion:
 - Which Biblical story resonates most with you?
 - What awakening moments have you had in your life?
 - How has God changed your heart through these moments?

5. The Five Challenges of Jesus

- Identifying Spiritual Growth Stages:
 - a. Come and See – Exposure to faith.
 - b. Repent and Believe – Commitment to Christ.
 - c. Follow Me – Active discipleship.
 - d. Fish for Men – Evangelism and leadership.
 - e. Am Sending You – Living missionally.
- Discussion:
 - Where are you in this journey?
 - What steps can you take next?

6. Spiritual Disciplines for Awakening

- Key Practices:
 - Prayer, Meditation, Fasting, Study, Worship, Service.
 - Solitude, Simplicity, Confession, Guidance, Sabbath.



- Reflection:
 - What disciplines do you currently engage in?
 - What new disciplines do you want to develop?

7. Experiencing God in Daily Life

- Ways to Connect with God:
 - Nature, Worship, Community, Acts of Service.
 - Prayer, Solitude, Times of Adversity and Joy.
- Reflection:
 - Where do you most experience God?
 - How can you cultivate more of these experiences?

8. Conclusion: Moving Forward in Awakening

- Steps for Growth:
 - Prayer: Seek God's direction.
 - Scripture: Stay steady in the Word.
 - Fellowship: Engage with others in your journey.
 - Events: Attend gatherings that inspire and challenge you.
- Encouragement: Keep seeking, keep growing, and be prepared for God to awaken you in new ways.

Explore:

Teaching Outline for Explore:

1. Introduction: Understanding Your God-Given Identity

- **Summary Statement:** Discovering who God has made you to be.
- **Opening Reflection:**
 - "I believe God has given me the gifts of _____, the strengths of _____, and the unique experiences of _____."
- **Key Scripture:** John 15:4-5 – "Remain in me, and I will remain in you..."
- **Main Thought:** Identity in Christ is about who we are, not just what we do.



- **Opening Prayer:** Asking God for wisdom and guidance in this journey.

2. Be Before Do: Who You Are in Christ

- **Focus:** God prioritizes our character over our accomplishments.
- **Key Scriptures:**
 - Psalm 139:13-16 – We are fearfully and wonderfully made.
 - Ephesians 2:8-10 – We are created for good works in Christ.
 - 1 John 3:1 – We are children of God.
- **Discussion:**
 - Why is it important to focus on identity before action?
 - How does Scripture define who you are?

3. Personal Assessments: Understanding Your Design

- **Purpose:** Identify God-given strengths, gifts, and personality traits.
- **Key Assessments (Optional but Recommended):**
 - **CliftonStrengths (StrengthsFinder)** – Identifies natural talents.
 - **Spiritual Gifts Assessment** – Recognizing gifts from the Holy Spirit.
 - **Myers-Briggs Personality Test** – Understanding personal tendencies.
 - **DiSC Personality Assessment** – Improving teamwork and communication.
- **Discussion:**
 - What strengths or gifts has God given you?
 - How might these be used for His Kingdom?

4. Faith Journey: Recognizing God's Hand in Your Life

- **Reflection on Life Experiences:**
 - Education, work experiences, spiritual milestones.
 - Books, conferences, mission trips, and key relationships.
 - Serving locally and discipling others.
- **Discussion:**
 - How has God been shaping your journey?
 - What life experiences have been most formative for your faith?

5. Identity in Christ: Replacing Lies with Truth



- **Key Concept:** We often believe lies about ourselves that contradict God's truth.
- **Scriptures Addressing Identity:**
 - Isaiah 43:1 – "Fear not, for I have redeemed you; I have called you by name."
 - 2 Corinthians 5:17 – "If anyone is in Christ, he is a new creation."
- **Exercise:**
 - Identify lies you believe about yourself.
 - Replace them with biblical truths.
- **Discussion:**
 - What lies have you believed?
 - How does Scripture redefine your identity?

6. Community: Living in Relationship with Others

- **Biblical Foundation:**
 - Hebrews 12:1 – "We are surrounded by a great cloud of witnesses..."
- **Exercise:** Identifying key relationships:
 - **Encouragement:** Who supports you?
 - **Accountability:** Who challenges you spiritually?
 - **Inspiration:** Who do you learn from?
- **Discussion:**
 - Are there gaps in your community?
 - How can you build stronger relationships?

7. Conclusion: Embracing Your God-Given Purpose

- **Main Takeaway:** Your identity, gifts, and journey are not accidental.
- **Call to Action:**
 - Trust that God has uniquely designed you for His Kingdom.
 - Continue seeking ways to grow and serve.
- **Final Reflection:** How will you step forward in your identity and purpose?

Focus:

Teaching Outline for Focus:



1. Introduction: Seeking God's Calling

- **Summary Statement:** Discovering specific areas of opportunity and action.
- **Key Scripture:** Jeremiah 29:13 – "You will seek me and find me when you seek me with all your heart."
- **Main Thought:** God's calling is revealed through seeking Him wholeheartedly.
- **Opening Prayer:** Asking for clarity, wisdom, and surrender to God's direction.

2. Understanding Our Areas of Service

- Two Primary Avenues for Service:
 - Inside the Church: Children's ministry, youth ministry, worship team, hospitality, etc.
 - Outside the Church: Vulnerable populations, disaster relief, mission trips, local outreach, etc.
- Discussion:
 - Where have you served before?
 - What areas of service excite you?

3. Biblical Perspective on Calling and Work

- **Romans 12:6-8 – We have different gifts given by grace.**
- **Key Concepts:**
 - **Created for God's Glory:** Our work and service exist to honor Him.
 - **How > What:** God is more concerned with how we serve than what we do.
 - **Seasons of Calling:** Some callings last a lifetime; others change over time.
- **Discussion:**
 - How can you glorify God in your current role or season of life?

4. The Theology of Work in the Bible

- **Biblical Examples of Work and Calling:**
 - **Joseph (Genesis 41:39-41):** Leadership and stewardship in government.
 - **Joshua (Joshua 1:7-9):** Military leadership and trust in God's guidance.
 - **Daniel (Daniel 6:1-3):** Integrity in a secular workplace.
 - **Lydia (Acts 16:14-15):** Marketplace influence in ministry.



- **Discussion:**
 - Which biblical figure do you relate to most?
 - How does their story inspire your work or service?

5. Identifying Your Role in God's Kingdom

- **Reflection Questions:**
 - What skills, talents, and passions has God given you?
 - How can you use them to serve in ministry or the workplace?
- **Exercise:**
 - List your professional or service skills.
 - Identify passions or causes that move you.
 - Brainstorm ways to combine them for Kingdom impact.

6. Living Out the Great Commission

- **Matthew 28:16-20 – "Go and make disciples of all nations..."**
- **Mission Opportunities:**
 - **Local:** Mentorship programs, food banks, refugee support.
 - **Domestic:** Disaster relief, inner-city schools, rural outreach.
 - **International:** Short-term missions, church planting, global business as mission.
- **Exercise:**
 - Identify one or more locations where you feel called to serve.
 - Brainstorm specific ways to make an impact there.

7. Conclusion: Taking Action

- **Key Takeaways:**
 - God has uniquely gifted you for a purpose.
 - Your calling may change over time, and that's okay.
 - Every profession and passion can be used for the Kingdom.
- **Next Steps:**
 - Share your calling with a mentor or trusted friend for accountability.
 - Seek opportunities to engage in service.
- **Final Reflection:** How will you take a step of faith toward your calling?



Prepare:

Teaching Outline for Prepare:

1. Introduction: The Purpose of Preparation

- **Summary Statement:** Identifying key areas of preparation to accelerate your unleashed life.
- **Key Scripture:** Proverbs 3:5-6 – "Trust in the Lord with all your heart, and do not lean on your own understanding."
- **Main Thought:** Preparation is an act of trust and surrender to God.
- **Opening Prayer:** Seeking God's wisdom in the preparation process.

2. The Goal of Preparation

- **Reflection on the Journey So Far:**
 - Awakening to God's call.
 - Exploring personal gifts and passions.
 - Focusing on areas of service.
- **The Next Step:** How do we get there?
- **Discussion:** What areas of preparation feel most important for you today?

3. The Eight Dynamics of Preparation

- **1. Spiritual Preparation:** Strengthening prayer, scripture reading, fasting, and discipleship.
- **2. Mental Preparation:** Managing stress, seeking counseling, building resilience.
- **3. Physical Preparation:** Prioritizing health, exercise, rest, and self-care.
- **4. Skill Preparation:** Developing practical abilities through education, training, and practice.
- **5. Community Preparation:** Building strong relationships, mentorship, and small groups.



- **6. Financial Preparation:** Budgeting, financial planning, generosity, and stewardship.
- **7. Cultural Preparation:** Learning about different cultures, languages, and customs for effective ministry.
- **8. Logistical Preparation:** Organizing schedules, paperwork, and resources for the next step.
- **Discussion:** Which preparation area stands out to you as the most urgent in this season?

4. Identifying Your Core Area of Preparation

- **Exercise:**
 - Review all eight preparation areas.
 - Select the one that is most critical for you right now.
- **Reflection Questions:**
 - What has God been revealing to you about your need for preparation?
 - How does your chosen area of preparation connect with your calling?

5. Planning Your Preparation

- **Exercise: Developing a Practical Action Plan**
 - **WHO** – Who do you need to engage with for support or mentorship?
 - **WHAT** – What resources (books, podcasts, training) can help you grow?
 - **WHEN** – When will you schedule time to work on this area?
 - **WHERE** – Where is the best environment for learning and growth?
 - **HOW** – How will you set measurable goals for progress?
- **Discussion:** What are the biggest challenges you foresee in following through with your preparation plan?

6. The Heart of Preparation: Trusting God's Process

- **Main Thought:** Preparation is not about perfection but being faithful and present in the journey.
- **Encouragement:**
 - Growth is ongoing; preparation is a lifelong process.
 - Every small step brings you closer to fulfilling your calling.



- **Reflection Questions:**
 - How have you already seen God at work in your preparation?
 - What encouragement do you need to stay committed to your next steps?

7. Conclusion: Moving Forward in Confidence

- **Final Takeaways:**
 - Preparation is about being equipped to serve God effectively.
 - Trust the process and remain faithful to small, consistent steps.
- **Next Step:**
 - Share your preparation plan with a mentor or accountability partner.
 - Commit to action and review progress regularly.
- **Closing Prayer:** Thanking God for guidance and asking for continued strength in the journey.

Live:

Teaching Outline for Live:

1. Introduction: Pressing On in an Unleashed Life

- **Summary Statement:** Refining your core commitments for a life of impact.
- **Key Scripture:** Philippians 3:12-14 – "I press on toward the goal for the prize of the upward call of God in Christ Jesus."
- **Main Thought:** Living unleashed is an ongoing journey of faith, not a final destination.
- **Opening Prayer:** Asking God for continued guidance and perseverance in the journey.

2. The Four Elements of an Unleashed Life

- **1. Personal Care:** Maintaining spiritual, emotional, and physical well-being to sustain long-term impact.
- **2. Discipleship:** Growing in faith, sharing the gospel, and investing in others.



- **3. Coaching:** Guiding others through the Unleashed process and mentoring them in their journey.
- **4. Transferring Skills:** Equipping and training others in both spiritual and practical skills.
- **Discussion:** Which element resonates most with your current season of life?

3. Deep Dive into Each Element

- **Personal Care:**
 - Rooting your life in Christ (John 15:5 – "I am the vine; you are the branches").
 - Prioritizing spiritual health, rest, and balance to serve effectively.
- **Discipleship:**
 - The Great Commission (Matthew 28:19-20) – "Go and make disciples..."
 - Three aspects: Being disciplined, sharing faith, and discipling others.
- **Coaching:**
 - Walking alongside others in their journey to help them discover God's purpose.
 - Encouraging, challenging, and equipping others to live unleashed.
- **Transferring Skills:**
 - Teaching others practical and spiritual skills to empower them.
 - Biblical principle: "Teach a man to fish" (2 Timothy 2:2 – "Entrust to faithful men who will be able to teach others also").
- **Discussion:** Which of these elements do you need to focus on growing in?

4. Sharing Your Faith: Testimony Exercise

- **Framework for Sharing Your Testimony:**
 - **Before Christ:** What was your life like before knowing Jesus?
 - **How You Met Christ:** What led you to surrender your life to Him?
 - **After Christ:** How has He transformed your life?
 - **Key Scripture:** What verse has been significant in your journey?
- **Discussion:** Practice sharing your testimony in pairs or small groups.

5. Discovering Ways to Serve Inside & Outside the Church



- **Reflection on Past Steps:** Identifying one area of service inside and outside the church.
- **Exercise:**
 1. Explore specific opportunities to serve.
 2. Use online resources, church networks, and local/global mission partners.
- **Three Practical Steps for Moving Forward:**
 1. **Proceed Prayerfully:** Ask God for clarity and direction.
 2. **Ask Questions:** Seek guidance from ministry leaders and mentors.
 3. **Step Into a Season:** Commit to a short-term opportunity and evaluate how God moves.
- **Discussion:** What next steps can you take to step into service?

6. Conclusion: Living a Life Unleashed

- **Final Reflection:**
 - Living unleashed is not about a perfect path but a journey of faith.
 - Every step you take is part of God's greater plan for your life.
- **Encouragement:**
 - Trust God's timing and direction.
 - Continue refining and growing in your core commitments.
- **Next Steps:**
 - Share your next commitment with a mentor or trusted friend.
 - Keep pressing on, knowing that God is guiding you forward.
- **Closing Prayer:** Committing to a lifelong journey of impact and faithfulness.